



Hudson YMCA

Updated: 4/5/2024

# LAP POOL SCHEDULE

May 13 - May 19

*\*Pool Schedule is subjected to change with no notice\**

*15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am - 7:55am Lap Swim (5) Open Swim (1)	5:00am - 7:20am Lap Swim (5) Water Exercise (1)	5:00am - 7:55am Lap Swim (5) Water Exercise (1)	POOL AREA CLOSED	5:00am - 7:20am Lap Swim (5) Water Exercise (1)	CLOSED	CLOSED	
	7:30am - 8:15am Water X Class			7:30am - 8:15am Water X Class	7:00am - 7:55am Lap Swim (5) Water Exercise (1)	7:00am - 9:00am Lap Swim (5) Water Exercise (1)	
8:10am - 8:55am Water X Class	8:20am - 9:20am Water X Class	8:10am - 8:55am Water X Class		8:20am - 8:55am Lap Swim (2) Water Exercise	8:10am - 8:55am Water X Class		
9:00am - 10:00am Water X Class	9:30am - 4:00pm Lap Swim (4) Open Swim (2)	9:00am - 10:00am Water X Class		9:00am - 10:00am Water X Class	9:00am - 11:05am Lap Swim (2) Open Swim (1) Swim Lessons	9:00am - 4:45pm Lap Swim (2) Open Swim (2)	
10:10am - 4:00pm Lap Swim (4) Open Swim (2)		10:10am - 6:00pm Lap Swim (4) Open Swim (2)		10:10am - 8:45pm Lap Swim (4) Open Swim (2)	LG COURSE (2)	LG COURSE (2)	
					11:05am-4:45pm Lap Swim (2) Open Swim (2)		
4:00pm - 6:00pm Lap Swim (1) Open Swim (1)	4:00pm - 6:00pm Lap Swim (1) Open Swim (1)					CLOSED	CLOSED
SWIM LESSONS	SWIM LESSONS						
6:00pm - 6:40pm SWIM LESSONS SWIM TEAM	6:00pm - 6:40pm Lap Swim (1) SWIM LESSONS	6:00pm - 6:40pm SWIM LESSONS SWIM TEAM					
6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2)	6:40pm - 8:45pm Lap Swim (2) Open Swim (1) SWIM TEAM (2) BS SWIM TEST (1)	6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2)					

\*During Lap swim, you are required to share a lane with another swimmer if all lanes are full.

\*Private Lessons will use a lap lane when needed.



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Updated: 4/5/2024

# LEISURE POOL SCHEDULE

May 13 - May 19

*\*Pool Schedule is subjected to change with no notice\**

*15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
CLOSED	CLOSED	CLOSED	POOL AREA CLOSED	CLOSED	CLOSED	CLOSED	
				8:00am - 9:00am Open Swim			
	9:30am - 12:00pm Open Swim			9:00am - 11:00am Open Swim Shallow-End	9:00am - 11:00am Open Swim		
10:10am - 2:00pm Open Swim		10:10am - 12:00pm Open Swim		10:10am - 3:00pm Open Swim	11:00am - 1:00pm Open Swim	11:00am - 2:00pm Open Swim	
	CLOSED	CLOSED			12:00pm - 4:00pm Open Swim	SLIDE OPEN	
CLOSED				CLOSED		2:00pm - 4:45pm Open Swim	
4:00pm - 6:40pm Open Swim Shallow-End	4:00pm - 6:40pm Open Swim Shallow-End	4:00pm - 6:40pm Open Swim Shallow-End			4:00pm - 5:00pm Open Swim	4:00pm - 4:45pm Open Swim	
SWIM LESSONS	SWIM LESSONS	SWIM LESSONS			5:00pm - 7:00pm Open Swim	CLOSED	CLOSED
					SLIDE OPEN		
6:40pm - 8:45pm Open Swim	6:40pm - 8:45pm Open Swim	6:40pm - 8:45pm Open Swim			7:00pm - 8:45pm Open Swim		

\*Slide: Swimmers MUST pass a swim test! Swimmers with BLUE wristband must be 48" tall to use the slide. Life Jackets and goggles are NOT permitted on the slide.

\*SWIM TEST will only be given when there is available staff.



Hudson YMCA

Updated: 4/5/2024

# LAP POOL SCHEDULE

May 20 - May 26

*\*Pool Schedule is subjected to change with no notice\**

*15min Safety Breaks will be called if lifeguard to swimmer ratio is over 1:25*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:55am Lap Swim (5) Open Swim (1)	5:00am - 7:20am Lap Swim (5) Water Exercise (1)	5:00am - 7:55am Lap Swim (5) Water Exercise (1)	5:00am - 7:20am Lap Swim (5) Water Exercise (1)	5:00am - 7:20am Lap Swim (5) Water Exercise (1)	CLOSED	CLOSED
	7:30am - 8:15am Water X Class		7:30am - 8:15am Water X Class	7:30am - 8:15am Water X Class		
8:10am - 8:55am Water X Class	8:20am - 9:20am Water X Class	8:10am - 8:55am Water X Class	8:20am - 9:20am Water X Class	8:20am - 8:55am Lap Swim (2) Water Exercise	8:10am - 8:55am Water X Class	
9:00am - 10:00am Water X Class	9:30am - 4:00pm Lap Swim (3) Open Swim (1)	9:00am - 10:00am Water X Class	9:30am - 6:00pm Lap Swim (4) Open Swim (2)	9:00am - 10:00am Water X Class	9:00am - 11:05am Lap Swim (3) Open Swim (1) Swim Lessons	9:00am - 4:45pm Lap Swim (2) Open Swim (2)
10:10am - 4:00pm Lap Swim (3) Open Swim (1)  LG COURSE (2)	LG COURSE (2)	10:10am - 6:00pm Lap Swim (4) Open Swim (2)  LG COURSE (2)		10:10am - 8:45pm Lap Swim (4) Open Swim (2)	11:05am-4:45pm Lap Swim (4) Open Swim (2)	LG COURSE (2)
4:00pm - 6:00pm Lap Swim (1) Open Swim (1)  SWIM LESSONS	4:00pm - 6:00pm Lap Swim (1) Open Swim (1)  SWIM LESSONS	4:00pm - 6:00pm Lap Swim (4) Open Swim (1)  SWIM LESSONS				
6:00pm - 6:40pm SWIM LESSONS SWIM TEAM	6:00pm - 6:40pm Lap Swim (1) SWIM LESSONS	6:00pm - 6:40pm SWIM LESSONS SWIM TEAM	6:00pm - 8:45pm Lap Swim (1) Open Swim (1) SWIM TEAM (2) LG INSERVICE (2)			
6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2)	6:40pm - 8:45pm Lap Swim (2) Open Swim (1) SWIM TEAM (2)	6:40pm - 8:45pm Lap Swim (3) Open Swim (1) SWIM TEAM (2)				

\*During Lap swim, you are required to share a lane with another swimmer if all lanes are full.

\*Private Lessons will use a lap lane when needed.



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# LEISURE POOL SCHEDULE

May 20 - May 26

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
					8:00am - 9:00am Open Swim	
	9:30am - 12:00pm Open Swim		9:30am - 12:00pm Open Swim		9:00am - 11:00am Open Swim Shallow-End	9:00am - 11:00am Open Swim
10:10am - 2:00pm Open Swim		10:10am - 12:00pm Open Swim		10:10am - 3:00pm Open Swim	SWIM LESSONS	
					11:00am - 1:00pm Open Swim	11:00am - 2:00pm Open Swim  SLIDE OPEN
	CLOSED	CLOSED	CLOSED		1:00pm - 4:00pm Open Swim  SLIDE OPEN	
CLOSED				CLOSED		2:00pm - 4:45pm Open Swim
4:00pm - 6:40pm Open Swim Shallow-End  SWIM LESSONS	4:00pm - 6:40pm Open Swim Shallow-End  SWIM LESSONS	4:00pm - 6:40pm Open Swim Shallow-End  SWIM LESSONS	4:00pm - 8:45pm Open Swim	4:00pm - 5:00pm Open Swim	4:00pm - 4:45pm Open Swim	
				5:00pm - 7:00pm Open Swim  SLIDE OPEN	CLOSED	CLOSED
			6:00pm - 8:00pm Open Swim  SLIDE OPEN			
6:40pm - 8:45pm Open Swim	6:40pm - 8:45pm Open Swim	6:40pm - 8:45pm Open Swim		7:00pm - 8:45pm Open Swim		
			8:00pm - 8:45pm Open Swim			

\*Slide: Swimmers MUST pass a swim test! Swimmers with BLUE wristband must be 48" tall to use the slide. Life Jackets and goggles are NOT permitted on the slide.

\*SWIM TEST will only be given when there is available staff.