

Fall

Women's Weekend November 20-22, 2009 Registration ~ YMCA Camp St. Croix



Relax, Refresh and Rejuvenate your Mind, Spirit and Body

Participate in classes and activities ranging from yoga, hikes, climbing tower, relaxation, campfires, and more. Class and activity details will be available for you at check-in. Fee includes lodging, all meals, Friday dinner through Sunday brunch, snacks, activities and classes. Massage services available throughout the weekend with payment made directly to the service provider.

YMCA Camp St. Croix: *30 minutes from the metro area *located on 400 acres nestled on the bluffs of the St. Croix River *perfect destination to relax and enjoy a weekend for *YOU* *our buildings are accessible *our cabins are rustic, yet comfortable *modern bathhouses located within a short walking distance *Lodging upgrade available: *Savanna Lodge* 2-3 people per bedroom and adjacent bathrooms.*

Name _____ Date of birth ____/____/____ Age _____

Address _____ City _____ State ____ Zip _____

Daytime Phone _____ Evening or cell phone _____

E-mail Address (will be used to mail confirmation) _____

Roommate/Cabin Buddy requests: _____

Dietary and/or other special concerns: _____

Emergency Contact: Name _____ Relationship _____
Phone Number(s) _____

Fee (includes all meals, lodging and activities)

_____ \$140.00 Standard Camper Cabin

_____ \$160.00 *Lodging Upgrade*
Savanna Lodge

All participants are responsible for bringing their own bedding (twin size) or sleeping bag

Method of Payment:

Check ___ Visa ___ MC ___ AmEx ___

Card Holder's Name: _____

Credit Card # _____

Expiration date: _____ Phone: _____

Signature: _____ Date: _____

A confirmation notice and additional information will be sent prior to the event

Registration & Payment due by November 13

Cancellation Policy

If you cancel your registration on or before Nov. 6, \$50.00 of your registration fee will be forfeited.

Cancellations **after** Nov. 7 will result in forfeiture of the full registration fee.

Signature required: I agree to accept the conditions set forth in the cancellation policy.

Signature _____

Date _____

Mail or Fax Registration & Payment to:

YMCA Camp St. Croix
Attn: Fall Women's Weekend
532 County Rd. F
Hudson, WI 54016
FAX: 715-386-4382

Questions? Please contact:

Sue Elmer 612-465-0561 or 715-386-4380
selmer@ymcastpaul.org

