

Call your local YMCA for more information on Parent/Child Voyagers Program

**Emma B. Howe Family**

**YMCA**

8950 Springbrook Drive  
Coon Rapids, MN 55433  
763-785-7882

**South Minneapolis YMCA**

4100 28th Avenue South  
Minneapolis, MN 55406  
(612) 729-7397

**Minnesota Valley YMCA**

14101 Fairview Drive  
Burnsville, MN 55337  
952-898-9622

**Northwest YMCA**

7601 42nd Avenue North  
New Hope, MN 55427  
763-535-4800

**Southdale YMCA**

7355 York Avenue South  
Edina, MN 55435  
952-835-2567

**Ridgedale YMCA**

12301 Ridgedale Drive  
Minnetonka, MN 55343  
952-544-7708



The mission of the YMCA of Metropolitan Minneapolis is to develop the total person—spirit, mind & body—through character development programs that build strong kids, strong families, and strong communities.



**YVOYAGERS™**

In today's world, children and parents rarely have time together—to talk, to laugh, to really get to know each other and to build a bond of friendship.

**Y Voyager** program sponsored by the YMCA, is a program designed to bring Parent/Child together to build strong relationships, and develop the foundation for life long memories. They do this by spending quality time together doing fun activities.

### **Y VOYAGER**

YMCA Parent/Child Voyagers has a rich history in the YMCA for over 60 years. This unique program is designed to give parents regularly scheduled, quality time with their child, especially with today's hectic schedules.

Neighborhood groups, called Bands, are organized by age within communities for children Kindergarten through fifth grade.

Voyagers is fun and based on values—caring, honesty, respect, and responsibility.

Groups meet once a month for small Band events, and periodically for larger Council events. Events can range from field trips, service projects, sporting events, campouts, annual pinewood derby, and much more.

### **Y GUIDES**

Parent and son, ages 5 to 10, participate in the "Guides" program.  
Parent and daughter, ages 5 to 10, participate in "Pathfinders" program.  
Parents serve as primary guides to help children navigate known obstacles.

### **Y TRAILBLAZERS**

Girls and boys ages 9-14 who started in the Pathfinders and Guides programs emphasize activities that nurture togetherness, wisdom, physical health and services to others.  
(Prior participation in Y Guides Y Pathfinders is not required.)

**Parent and Child  
on a Journey Together.  
"Friends Forever"**



### **Aims**

- \* To be clean in body and pure in heart.
- \* To be "Friends Forever" with my father/mother/son/daughter/family.
- \* To love the sacred circle of my family.
- \* To listen while others speak.
- \* To love my neighbor as myself.
- \* To respect the traditions and beliefs of all people.
- \* To seek and preserve the beauty of the Creator's work in forest, field, and stream.

***This is a co-ed group participating together.***

The best way to answer your questions about YMCA Parent/Child Voyagers Program is to call your local YMCA. We will give you more details and introduce you to help, or starting your own Band.

We have established Bands in most neighborhoods, and new Bands will be forming throughout our service area.

### **ANNUAL EVENTS**

***Derby Mania!***

Parent/Child work together to build their pinewood derby car to race in the Annual Pinewood Derby

**Community Service Projects**

**Winter/Spring Campouts**

**Exploring Nature**

**Hayrides**