

**POOL SCHEDULE

South Minneapolis YMCAs - Blaisdell Branch - 612-827-5401

Nov 2nd - December 20th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
5:30 AM	Lap Swim (6) 5:30-8:15 am	Lap Swim (6) 5:30-8:15 am	Lap Swim (6) 5:30-8:15 am	Lap Swim (6) 5:30-9:10 am	Lap Swim (6) 5:30-7:15 am		
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM	Lap Swim (4) Water X (2) 7:15-8:00am	Lap Swim (6) 7:00-8:00am	Lap Swim (6) 7:00-8:00am	Lap Swim (6) 7:00-8:00am	Lap Swim (6) 7:00-8:00am	Lap Swim (6) 7:00am-9:00am	Lap Swim (6) 7:00am-9:00am
8:00 AM							
8:30 AM	Silversplash (3) Lap Swim (3) 8:15-9:00am	Water X Power (3) 8:15-9:00 am Lap Swim (3)	Silversplash (3) Lap Swim (3) 8:15-9:00am	Water X Power (3) 8:15-9:00am	Lap Swim (6) 8:00-9:00am	Water X Power (3) Lap Swim (3) 8:15-9:00 am	
9:00 AM	++++Tot Swim & Home School (2) Lap Swim (4) 9:00-10:30 am	++++Tot Swim & Home School (2) Lap Swim (4) 9:00-10:30 am	++++Tot Swim & Home School (2) Lap Swim (4) 9:00-10:30 am	Water X Power (3) 9:15-10:00am Lap Swim (3) 9:00-10:30 homeschool lessons in Pit area 9-10:30	Open Swim (3) Lap Swim (3) 9:00-10:30 am	Lessons (5) 9:00-12:00 pm Lap Swim (1)	Lap Swim (4) 9:00-10:30 am Family Swim(2)
9:30 AM							
10:00 AM							
10:30 AM	Barton School (5) Lap Swim (1) 10:30-11:30 am	Barton School (5) Lap Swim (1) 10:30-11:30 am	Barton School (5) Lap Swim (1) 10:30-11:30 am	Barton School (5) Lap Swim (1) 10:30-11:30 am	Barton School (5) Lap Swim (1) 10:30-11:30 am	WaterX Power (3) 10:30-11:30 am Lap Swim (3)	WaterX Power (3) 10:30-11:30 am Lap Swim (3)
11:00 AM							
11:30 AM	Lap Swim (3) 11:30-12:45pm WaterX (3) 11:45-12:30	Lap Swim (6) 11:30-1:00 pm	Lap Swim (3) 11:30-12:45pm WaterX (3) 11:45-12:30	Lap Swim (6) 11:30-1:00 pm	Lap Swim (3) 11:30-12:45pm WaterX (3) 11:45-12:30	Open/Family Swim (3) Lap Swim (3) 1:00-2:30pm	Open/Family Swim (3) Lap Swim (3) 11:30-3:50pm Lap Swim (3)
12:00 PM							
12:30 PM	Lap Swim (4) 12:45-2:30pm	Lyndale School (3) Lap Swim (3) 1:00-2:30pm	Lap Swim (6) 12:45-2:00pm	Lyndale School (3) Lap Swim (3) 1:00-2:30pm	Lap Swim (6) 12:45-3:00pm	Lap Swim (6) 2:30-3:00pm	Open/Family Swim (3) Lap Swim (3) 11:30-3:50pm Lap Swim (3)
1:00 PM							
1:30 PM	Nells class(2 + pit) 1:30-2:30	Lap Swim (6) 2:30-3:00pm	Open/Family Swim (3) Lap Swim (3) 2:00-3:00 pm	Lap Swim (6) 2:30-3:00pm	Lap Swim (6) 2:30-3:00pm	Open/Family Swim (3) Lap Swim (3) 3:00-6:15 pm	Open/Family Swim (3) Lap Swim (3) 12:15-6:30pm Lap Swim (3)
2:00 PM							
2:30 PM	Open/Family Swim (3) Lap Swim (3) 2:30-3:40 pm	PHD (2 plus pit) Lap Swim (4) 3:00-4:30pm	Lap Swim (1) Beacons (4) 3:00-4:30 Lessons (1+pit area) 3:45 -4:20pm	Lap Swim (3) Beacons (3) 3:00-4:30	Open/Family Swim (3) Lap Swim (3) 3:00-6:15 pm	Lap Swim (4) Open Swim (2) 4:30-5:30pm	Swim Team (5) Lap Swim (1) 4:00-5:30pm
3:00 PM							
3:30 PM	Lessons (2 +pit) 3:45 -5:45 pm Lap Swim (2) 3:45-6:30pm	no pit for open swim Lap Swim (4) Open Swim (2) 4:30-5:30pm	Lap Swim (3) Lessons(3) 4:30-6:30pm	Lap Swim (4) Open Swim (2) 4:30-5:30pm	Water X (2) 5:30-615 no pit for open swim	Lap Swim (4) Open Swim (2) 4:30-5:30pm	Lap Swim (1) Lap (4) 5:00-7:00pm
4:00 PM							
4:30 PM	Water X (2) 5:30-615 no pit for open swim	Lessons (3) Lap (3) 5:30-7:30pm	Water X (2) 5:30-615 no pit for open swim	Lessons (3) Lap (3) 5:30-7:30pm	Swim Team (5) Lap Swim (1) 6:15-7:45pm	Lap Swim (4) Water walking(2) 6:30-7:50	Lap Swim (6) 7:00-7:50pm
5:00 PM							
5:30 PM	Swim Team (5) Lap Swim (1) 6:15-7:45pm	Open Swim (3)	Swim Team (5) Lap Swim (1) 6:15-7:45pm	Open Swim (3)	Swim Team (5) Lap Swim (1) 6:15-7:45pm	Lap Swim (4) Water walking(2) 6:30-7:50	Lap Swim (6) 7:00-7:50pm
6:00 PM							
6:30 PM	Open/Family Swim/Aquawall (4) Lap Swim (2) 7:45-9:50pm	Lap Swim (3) 7:30-8:45pm	Open/Family Swim (4) Lap Swim (2) 7:45-9:50pm	Lap Swim (3) 7:30-8:45pm	Open/Family Swim/Aquawall (4) Lap Swim (2) 7:45-9:50pm	CLOSED	CLOSED
7:00 PM							
7:30 PM	Lap Swim (6) 8:45-9:50pm	Lap Swim (6) 8:45-9:50pm	Lap Swim (6) 8:45-9:50pm	Lap Swim (6) 8:45-9:50pm	Lap Swim (6) 8:45-9:50pm	CLOSED	CLOSED
8:00 PM							
8:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
9:00 PM							
9:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
10:00 PM							

** See "Exceptions to Pool Schedule" for dates with changes to the Pool Schedule.

*The minimum number of lanes designated for a particular activity are listed next to that activity ex. Lap Swim (3).

***The pit is open at all times unless indicated on schedule.

++++Tot Swim is quiet time for parents to bring in young children

They must stay in the shallow end in the pit area. One adult to 1-2 children.

Swim Academy Swim Lessons instructed by certified Swim Instructors available for Members and Non-Members

Also, please consider Private or Semi-Private Swim Lessons
Flexible, personalized instruction designed to fit your life.

For more information on Pool Rentals/Private Lessons, please contact
Blanca Garcia Aquatics Co-ordinator @ 612-821-2961 or Blanca.Garcia@ymcamples.org

The YMCA of Metropolitan Minneapolis Swim Test Policy:

All swimmers under the age of 16 will be swim tested and given a wristband. If the Deep Water Swim Test is passed; swimmer will receive a pink wristband.

(Jump into deep water, tread water for 30 seconds, front float for 10 seconds, treads water for 10 seconds comfortably without touching side or bottom)

If the Shallow Water Swim Test is passed, swimmer will receive a blue wristband.(From standing position: front float for 5 seconds, stand up, back float for 5 seconds, and stand up)If swimmer is unable or chooses not to take the test, they must be an arm's length away from a parent/guardian 16 years of age or older and in the water at all times.

Children under the age of 7 years old must have parent/guardian 16 years of age or older in the pool area; even if Swim Test is passed.

Children ages 7-9 can be alone in the pool area if they pass the Deep Water or Shallow Water Swim Test.

Children ages 10-15 can be in the facility alone and in the pool area alone with the completion of the Swim Test.

Anyone under the age of 16 who can not pass or does not wish to take the swim test MUST be an arms length away from a parent/guardian in the water at all times. There are no exceptions.

***** ALL LANES ARE AT THE GUARDS DISCRETION, EVERYONE MUST OBEY THE LIFEGUARD*****

PATRONS ARE EXPECTED TO SHARE LANES DURING LAP SWIM, (two swimmers may split the lane, more than two will circle swim, ask guard for details)

To view YMCA schedules online, please visit our website at www.ymcatwincities.org

11/2/2009

