



**Ridgedale YMCA**

# LAP POOL SCHEDULE

April 15th - 21st, 2024

**\*Schedule subject to change.**

**\*NO Reservations Required (Except Water Ex Classes)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	CLOSED	CLOSED
					7:00am - 8:45am <b>Lap Swim (5) Water Exercise (1)</b>	7:00am - 11:45am <b>Lap Swim (5) Water Exercise (1)</b>
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED		
9:00am - 12:00pm <b>Water Ex Class</b> > 9:00 - 10:00 > 10:15 - 11:00 > 11:15 - 12:00	9:00am - 9:45am <b>Water Ex Class</b> 10:00am - 3:00pm	9:00am - 12:00pm <b>Water Ex Classes</b> > 9:00-9:45 > 10:00-10:45 > 11:15-12:00	9:00am - 9:45am <b>Water Ex Class</b> 10:00am - 3:00pm	9:00am - 12:00pm <b>Water Ex Classes</b> > 9:00-10:00 > 10:15-11:00 > 11:15-12:00	9:00am - 10:00am <b>Water Ex Class</b> 10:15am - 1:00pm	12:00pm - 1:00pm <b>Water Ex Class</b>
12:15pm - 2:55pm <b>Lap Swim (5) Water Exercise (1)</b>	<b>Lap Swim (5) Exercise Lane (1)</b> 3:00pm - 5:00pm <b>Lap Swim (4) Open Swim (2)</b>	12:15pm - 2:55pm <b>Lap Swim (5) Water Exercise (1)</b> 3:00pm - 4:15pm <b>Lap Swim (4) Open Swim (2)</b>	<b>Lap Swim (5) Exercise Lane (1)</b> 3:00pm - 4:15pm <b>Lap Swim (3) Open Swim (2)</b> 4:15pm - 5:15pm	12:15pm - 2:00pm <b>Lap Swim (5) Water Exercise (1)</b> 2:00pm - 3:00pm <b>Lap Swim (4) Water Exercise (1)</b> 3:00pm - 5:15pm <b>Lap Swim (3) Water Exercise (1)</b>	<b>Lap Swim (5) Water Exercise (1)</b> 1:00pm - 4:45pm <b>Lap Swim (4) Open Swim (2)</b>	1:15pm - 2:15pm <b>Lap Swim (5) Water Exercise (1)</b> 2:30pm - 4:45pm Swim Team
3:00pm - 4:15pm <b>Lap Swim (4) Open Swim (2)</b>		3:00pm - 4:15pm <b>Lap Swim (4) Open Swim (2)</b>				
4:30pm - 6:45pm Swim Lessons (5) <b>Lap Swim (1)</b>	5:15pm - 6:45pm Swim Team (5) <b>Lap Swim (1)</b>	4:30pm - 6:45pm Swim Lessons (5) <b>Lap Swim (1)</b>	<b>Lap Swim (3) Water Exercise (1)</b> 5:30pm - 6:30pm Swim Team (6) <b>No Lap Swim</b> 6:30pm - 8:30pm	5:15pm - 6:15pm <b>Lap Swim (5) Water Exercise (1)</b>		
7:00pm - 7:45pm <b>Water Ex Class</b>	6:45pm - 8:30pm Swim Team (4) <b>Lap Swim (2)</b>	6:45pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>	Swim Team (4) <b>Lap Swim (2)</b>	6:30pm - 7:30pm <b>Water Ex Class</b>		
8:00pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>	CLOSED		CLOSED	8:00pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>	CLOSED	CLOSED

For most up to date schedule, please check online: [https://www.ymcanorth.org/all\\_y\\_schedules/pdf\\_schedules](https://www.ymcanorth.org/all_y_schedules/pdf_schedules)

Open Swim is only available when listed on the schedule. If it is not listed on the schedule, it is not available.



Ridgedale YMCA

**\*Hot Tub Cleaned Every Other Tuesday Morning.**

# LAP POOL SCHEDULE

April 22nd - 28th, 2024

**\*Schedule subject to change.****\*NO Reservations Required (Except Water Ex Classes)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	5:00am - 8:00am <b>Lap Swim (5) Exercise Lane (1)</b>	CLOSED	CLOSED
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	7:00am - 8:45am <b>Lap Swim (5) Water Exercise (1)</b>	7:00am - 11:45am <b>Lap Swim (5) Water Exercise (1)</b>
9:00am - 12:00pm <b>Water Ex Class</b> > 9:00 - 10:00 > 10:15 - 11:00 > 11:15 - 12:00	9:00am - 9:45am <b>Water Ex Class</b> 10:00am - 2:55pm	9:00am - 12:00pm <b>Water Ex Classes</b> > 9:00-9:45 > 10:00-10:45 > 11:15-12:00	9:00am - 9:45am <b>Water Ex Class</b> 10:00am - 2:55pm	9:00am - 12:00pm <b>Water Ex Classes</b> > 9:00-10:00 > 10:15-11:00 > 11:15-12:00	9:00am - 10:00am <b>Water Ex Class</b> 10:15am - 12:45pm	12:00pm - 1:00pm <b>Water Ex Class</b>
12:15pm - 2:55pm <b>Lap Swim (5) Water Exercise (1)</b>	<b>Lap Swim (5) Exercise Lane (1)</b> 3:00pm - 5:00pm <b>Lap Swim (4) Open Swim (2)</b>	12:15pm - 2:55pm <b>Lap Swim (5) Water Exercise (1)</b> 3:00pm - 4:15pm <b>Lap Swim (3) Open Swim (2)</b>	<b>Lap Swim (5) Exercise Lane (1)</b> 3:00pm - 4:15pm <b>Lap Swim (3) Open Swim (2)</b> 4:15pm - 5:15pm <b>Lap Swim (3) Water Exercise (1)</b>	12:15pm - 2:00pm <b>Lap Swim (5) Water Exercise (1)</b> 2:00pm - 3:00pm <b>Lap Swim (4) Water Exercise (1)</b> 3:00pm - 5:15pm <b>Lap Swim (3) Water Exercise (1)</b>	<b>Lap Swim (5) Water Exercise (1)</b> 1:00pm - 3:45pm <b>Lap Swim (4) Open Swim (2)</b> 4:00pm - 4:45pm <b>Lap Swim (5) Water Exercise (1)</b>	1:15pm - 2:15pm <b>Lap Swim (5) Water Exercise (1)</b> 2:30pm - 4:45pm Swim Team
3:00pm - 4:15pm <b>Lap Swim (4) Open Swim (2)</b>		3:00pm - 4:15pm <b>Lap Swim (4) Open Swim (2)</b>				
4:30pm - 6:45pm Swim Lessons (5) <b>Lap Swim (1)</b>	5:15pm - 6:45pm Swim Team (5) <b>Lap Swim (1)</b>	4:30pm - 6:45pm Swim Lessons (5) <b>Lap Swim (1)</b>	5:30pm - 6:30pm Swim Team (6) <b>No Lap Swim</b> 6:30pm - 8:30pm Swim Team (4) <b>Lap Swim (2)</b>	5:15pm - 6:15pm <b>Lap Swim (5) Water Exercise (1)</b> 6:30pm - 7:30pm <b>Water Ex Class</b> 7:45pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>		
7:00pm - 7:45pm <b>Water Ex Class</b>	6:45pm - 8:30pm Swim Team (4) <b>Lap Swim (2)</b>	6:55pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>			CLOSED	CLOSED
8:00pm - 8:45pm <b>Lap Swim (5) Water Exercise (1)</b>	CLOSED		CLOSED			

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