



Douglas Dayton YMCA GYM SCHEDULE

October 1- October 31, 2023

	Monday Full Gym		Tuesday Full Gym		Wednesday Full Gym		Thursday Full Gym		Friday Full Gym		Saturday Full Gym		Sunday Full Gym	
	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2	Half Gym 1	Half Gym 2
6:00	6:00am-11:25am Open Gym		6:00am-11:25am Open Gym		6:00am-8:55am Open Gym		6:00am-11:25am Open Gym		6:00am-11:25am Open Gym		Closed		Closed	
6:30											Closed			
7:00											Closed			
7:30					Closed									
8:00					Closed									
8:30					Closed									
9:00					Closed						9:00am-11:25am Drop-In Pickleball			
9:30	Closed		Closed		Closed		Closed		6:00am-11:25am Open Gym					
10:00	Closed		Closed		Closed		Closed		6:00am-11:25am Open Gym					
10:30	Closed		Closed		Closed		Closed		6:00am-11:25am Open Gym					
11:00	Closed		Closed		Closed		Closed		6:00am-11:25am Open Gym					
11:30	Closed		Closed		Closed		Closed		6:00am-11:25am Open Gym					
12:00	11:30am-1:30pm Pick-Up Basketball		11:30am-1:30pm Pick-Up Basketball		11:30am-1:30pm Pick-Up Basketball		11:30am-1:30pm Pick-Up Basketball		11:30am-1:30pm Pick-Up Basketball		Closed			
12:30	Closed		Closed		Closed		Closed		Closed		Closed			
1:00	Closed		Closed		Closed		Closed		Closed		Closed			
1:30	Closed		Closed		Closed		Closed		Closed		Closed			
2:00	1:45pm-3:15pm Drop-In Pickleball		1:45pm-5:50pm Open Gym		1:45pm-7:55pm Open Gym		1:45pm-5:50pm Open Gym		1:45pm-3:15pm Drop-In Pickleball		Closed			
2:30	Closed								Closed					
3:00	Closed								Closed					
3:30	Closed								Closed					
4:00	3:30pm-5:50pm Open Gym								Closed		Closed		3:30pm-6:55pm Open Gym	
4:30	Closed		Closed		Closed		Closed		Closed					
5:00	Closed		Closed		Closed		Closed		Closed		Closed			
5:30	Closed		Closed		Closed		Closed		Closed		Closed			
6:00	6:00pm-8:00pm Reserved		6:00pm-8:00pm Reserved		6:00pm-8:00pm Reserved		6:00pm-8:00pm Reserved		Closed		Closed			
6:30	Closed		Closed		Closed		Closed		Closed		Closed			
7:00	Closed		Closed		Closed		Closed		Closed		Closed			
7:30	Closed		Closed		Closed		Closed		Closed		Closed			
8:00	Closed		Closed		Closed		Closed		Closed		Closed			

**Gym Schedule is subject to change, due to events, weather, and programming
There could be frequent adjustments to the gym schedule.

Last Updated: 10/2/2023