



New Hope YMCA

# GYM SCHEDULE

May 7th - May 13th

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
5:00	Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		CLOSED		CLOSED	
5:30														
6:00	Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-1:00pm		Drop-in Open Gym 6:30am-9:30am		7:00am-12:00pm Drop-in Open Gym		7:00am-12:00pm Church	
6:30														
7:00	Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-1:00pm		Drop-in Open Gym 6:30am-9:30am		7:00am-12:00pm Drop-in Open Gym		7:00am-12:00pm Church	
7:30														
8:00	Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-1:00pm		Drop-in Open Gym 6:30am-9:30am		7:00am-12:00pm Drop-in Open Gym		7:00am-12:00pm Church	
8:30														
9:00	Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 6:30am-9:30am		Drop-in Open Gym 6:30am-1:00pm		Drop-in Open Gym 6:30am-9:30am		7:00am-12:00pm Drop-in Open Gym		7:00am-12:00pm Church	
9:30														
10:00	Drop-in Pickleball 10:00am-12:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Pickleball 10:00am-12:00pm		Drop-in Pickleball 1:00pm-3:00pm		Drop-in Pickleball 10:00am-12:00pm		Drop-in Pickleball 12:00pm-2:00pm		12:00pm-2:30pm Drop-In Open Gym	
10:30														
11:00	Drop-in Pickleball 10:00am-12:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Pickleball 10:00am-12:00pm		Drop-in Pickleball 1:00pm-3:00pm		Drop-in Pickleball 10:00am-12:00pm		Drop-in Pickleball 12:00pm-2:00pm		12:00pm-2:30pm Drop-In Open Gym	
11:30														
12:00	Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 3:00pm-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
12:30														
1:00	Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 3:00pm-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
1:30														
2:00	Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 3:00pm-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
2:30														
3:00	Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 3:00pm-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
3:30														
4:00	Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 6:30am-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Open Gym 3:00pm-5:00pm		Drop-in Open Gym 12:00pm-5:00pm		Drop-in Pickleball 12:00pm-2:00pm		2:30pm-4:30pm Family Gym	
4:30														
5:00	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		4:30pm-5:00pm Closed		4:30pm-5:00pm Closed	
5:30														
6:00	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		CLOSED		CLOSED	
6:30														
7:00	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		CLOSED		CLOSED	
7:30														
8:00	Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		CLOSED		CLOSED	
8:30														
9:00	8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed	

Monday May 13th Half Gym Closed 4:30pm-6:00pm

Last Updated: 5/7/2024