



# White Bear Lake Area YMCA GYM SCHEDULE

April 29 - May 5, 2024

|       | 29-Apr              |           | 30-Apr          |           | 1-May           |           | 2-May          |           | 3-May                   |           | 4-May     |           | 5-May     |           |
|-------|---------------------|-----------|-----------------|-----------|-----------------|-----------|----------------|-----------|-------------------------|-----------|-----------|-----------|-----------|-----------|
|       | Monday              |           | Tuesday         |           | Wednesday       |           | Thursday       |           | Friday                  |           | Saturday  |           | Sunday    |           |
|       | Court 1             | Court 2   | Court 1         | Court 2   | Court 1         | Court 2   | Court 1        | Court 2   | Court 1                 | Court 2   | Court 1   | Court 2   | Court 1   | Court 2   |
|       | North Gym           | South Gym | North Gym       | South Gym | North Gym       | South Gym | North Gym      | South Gym | North Gym               | South Gym | North Gym | South Gym | North Gym | South Gym |
| 5:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 5:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 6:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 6:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 7:00  | 5:00am-9:30am       |           | 5:00am-10:15am  |           | 5:00am-9:30am   |           | 5:00am-11:45pm |           | 5:00am-10:30am          |           |           |           |           |           |
| 7:30  | Open Gym            |           | Open Gym        |           | Open Gym        |           | Open Gym       |           | Open Gym                |           |           |           |           |           |
| 8:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 8:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 9:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 9:30  | 9:45am-10:30am      |           |                 |           | 9:45am-10:30am  |           |                |           |                         |           |           |           |           |           |
| 10:00 | Silver Sneakers     |           |                 |           | Silver Sneakers |           |                |           |                         |           |           |           |           |           |
| 10:30 | Classic             |           | 10:30am-11:15am |           | Classic         |           |                |           | 10:45am-11:30am         |           |           |           |           |           |
| 11:00 | Open Gym            |           | Chair Yoga      |           | Open Gym        |           |                |           | Silver Sneakers Circuit |           |           |           |           |           |
| 11:30 | 10:45-12pm          |           |                 |           | 10:45-11:55am   |           |                |           |                         |           |           |           |           |           |
| 12:00 | PAID BEGINNER       |           | Beginner        |           | Beginner        |           | Beginner       |           | 11:30am-12:20pm         |           |           |           |           |           |
| 12:30 | LESSONS             |           | Pickleball      |           | Pickleball      |           | Pickleball     |           | Chair Yoga              |           |           |           |           |           |
| 1:00  | PAID Intermediate   |           | 12:00-1:30pm    |           | 12:00-1:30pm    |           | 12:00-1:30pm   |           |                         |           |           |           |           |           |
| 1:30  | Lessons             |           | Advanced        |           | Advanced        |           | Advanced       |           | Pickleball              |           |           |           |           |           |
| 2:00  | Pickleball          |           | Pickleball      |           | Pickleball      |           | Pickleball     |           | Advanced Level Play     |           |           |           |           |           |
| 2:30  | Beginner Level Play |           | 1:30-3:00pm     |           | 1:30-3:00pm     |           | 1:30-3:00pm    |           | 12:45-3:30pm            |           |           |           |           |           |
| 3:00  | 2:15-3:15 pm        |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 3:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 4:00  | Open Gym            |           |                 |           | Open Gym        |           |                |           |                         |           |           |           |           |           |
| 4:30  | 3:30-5:30pm         |           |                 |           | 3:15-6:30pm     |           |                |           |                         |           |           |           |           |           |
| 5:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 5:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 6:00  | CLOSED              |           | Open Gym        |           |                 |           | Open Gym       |           |                         |           |           |           |           |           |
| 6:30  | FOR                 |           | 3:15-8:50 pm    |           |                 |           | 3:15-8:50 pm   |           |                         |           |           |           |           |           |
| 7:00  | BOYS                |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 7:30  | BASKETBALL          |           |                 |           |                 |           |                |           | Open Gym                |           |           |           |           |           |
| 8:00  | LEAGUE              |           |                 |           |                 |           |                |           | 3:45-8:50               |           |           |           |           |           |
| 8:30  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |
| 9:00  |                     |           |                 |           |                 |           |                |           |                         |           |           |           |           |           |

\*\*Gym Schedule is subject to change, due to events, weather, and programming  
There could be frequent adjustments to the gym schedule.

Last Updated: 4/24/2024