



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 11/17/2023

LAP POOL SCHEDULE

April 15th - April 21st, 2024

Private lessons may use lap lanes if available

LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1)	5:00am - 8:00 am Lap Swim (4) Exercise (1)	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1)	5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	CLOSED	CLOSED
7:45-8:05 CLOSED	8:00-8:20 CLOSED	8:15am-9:00am Water X Class	8:00-8:20 CLOSED	8:15am-9:00am Water X Class		
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	9:15am - 10:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	7:00am- 9:00am Lap Swim (4) Exercise (1)	7:00am - 9:00am Lap Swim (4) Exercise (1)
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	10:20-12:55pm Lap Swim (4) Exercise (1)	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:00-12:00pm Lap Swim (2) Open Swim (2) Swim Lessons (1)	9:00-1:00pm Lap Swim (2) Exercise (1) Open Swim (2)
10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	1:00pm- 4:15pm Lap Swim (3) Open Swim (2)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	12:00pm-4:45pm Lap Swim (3) Open Swim (2)	1:00 - 3:00pm Lap Swim (3) Open Swim Closed for Lifeguard In- service
1:00pm- 4:15pm Lap Swim (3) Open Swim (2)	1:00pm- 4:20pm Lap Swim (3) Open Swim (2)	1:00pm- 4:20pm Lap Swim (3) Open Swim (2)	1:00pm- 8:45pm Lap Swim (3) Open Swim (2)	1:00pm- 8:45pm Lap Swim (3) Open Swim (2)		3:00 - 4:45pm Lap Swim (3) Open Swim (2)
4:30pm-7:30pm Swim Lessons NO LAP OR OPEN SWIM	4:30pm-7:30pm NO Lap Swim Open Swim (2) Swim Lessons (3)	4:30pm-7:30pm NO Lap Swim Open Swim (2) Swim Lessons (3)				
7:40pm-8:45pm Lap Swim (3) Open Swim (2)	7:40pm-8:45pm Lap Swim (3) Open Swim Closed for Lifeguard In-service	7:40pm-8:45pm Lap Swim (3) Open Swim (2)			CLOSED	CLOSED

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

LEISURE POOL SCHEDULE

April 15th - April 21st, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 2:00pm CLOSED	5:00 - 11:00am CLOSED	5:00 - 11:30am CLOSED	5:00 - 2:00pm CLOSED	5:00am - 11:00am CLOSED	7:00am-8:00am CLOSED	7:00-8:00am CLOSED
	11:00 - 2:00pm Open Swim			11:00 - 2:00pm Open Swim	8:00 - 9:00am Open Swim	8:00 - 2:00pm Open Swim
		11:30 - 12:15pm Water X			9:00-12:00pm <i>Swim Lessons (portion of pool will be open for Open Swim)</i>	
		12:15-4:30pm CLOSED			12:00 - 2:00pm Open Swim	
2:00 - 4:15pm Open Swim	2:00 - 4:00pm CLOSED		2:00 - 5:00pm Open Swim	2:00 - 5:00pm CLOSED		
	4:00 - 4:30pm Open Swim					
4:30pm - 7:30PM <i>Swim Lesson In Pool</i> NO OPEN SWIM	4:30pm - 7:30PM Open Swim <i>Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)</i>	4:30pm - 7:30PM Open Swim <i>Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)</i>			2:00pm - 4:45pm	2:00pm - 4:45pm
			5:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)	5:00 - 8:45pm Open Swim SLIDE CLOSED	Open Swim SLIDE CLOSED	Open Swim SLIDE CLOSED
7:30pm - 8:45pm Open Swim	7:30pm - 8:45pm Open Swim	7:30pm - 8:45pm Open Swim				
					CLOSED	CLOSED

See Lifeguard(s) for Swim Tests.