



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 11/17/2023

## LAP POOL SCHEDULE

April 29th - May 5th, 2024

Private lessons may use lap lanes if available

**LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am  Lap Swim (4) Exercise (1)  7:45-8:05 CLOSED  8:15am-9:00am Water X Class  9:15am - 10:00am Water X Class  10:20-12:55pm  Lap Swim (4) Exercise (1)  1:00pm- 4:15pm Lap Swim (3) Open Swim (2)  4:30pm-7:30pm  <i>Swim Lessons</i> <b>NO LAP OR OPEN SWIM</b>  7:40pm-8:45pm Lap Swim (3) Open Swim (2)	5:00am - 8:00 am  Lap Swim (4) Exercise (1)  8:00-8:20 CLOSED  8:30am-9:00am Water X Class  9:15am - 10:00am Water X Class  10:20-12:55pm  Lap Swim (4) Exercise (1)  1:00pm- 4:20pm Lap Swim (3) Open Swim (2)  4:30pm-7:30pm  <b>NO LAP SWIM</b> Open Swim (2) <i>Swim Lessons (3)</i>  7:40pm-8:45pm Lap Swim (3) Open Swim (2)	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL 8:15am-9:00am Water X Class 9:15am - 10:00am Water X Class  10:20-12:55pm  Lap Swim (4) Exercise (1)  1:00pm- 4:20pm Lap Swim (3) Open Swim (2)  4:30pm-7:30pm  <b>NO LAP SWIM</b> Open Swim (2) <i>Swim Lessons (3)</i>  7:40pm-8:45pm Lap Swim (3) Open Swim (2)	5:00am - 8:00am  Lap Swim (4) Exercise (1)  8:00-8:20 CLOSED  8:30am-9:00am Water X Class  9:15am - 10:00am Water X Class  10:20-12:55pm  Lap Swim (4) Exercise (1)  1:00pm- 8:45pm Lap Swim (3) Open Swim (2)  4:30pm-7:30pm  <b>NO LAP SWIM</b> Open Swim (2) <i>Swim Lessons (3)</i>  7:40pm-8:45pm Lap Swim (3) Open Swim (2)	5:00am - 7:45am  Lap Swim (4) Exercise (1)  7:45-8:05 CLOSED  8:15am-9:00am Water X Class  9:15am - 10:00am Water X Class  10:20-12:55pm  Lap Swim (4) Exercise (1)  1:00pm- 8:45pm Lap Swim (3) Open Swim (2)  4:30pm-7:30pm  <b>NO LAP SWIM</b> Open Swim (2) <i>Swim Lessons (3)</i>  7:40pm-8:45pm Lap Swim (3) Open Swim (2)	  <b>CLOSED</b>    7:00am- 9:00am Lap Swim (4) Exercise (1)    9:00-12:00pm <b>NO OPEN SWIM</b> Lap Swim (2) <i>Swim Lessons (3)</i>  12:00 - 2:00pm <b>CLOSED</b>    2:00 - 4:45pm Lap Swim (3) Open Swim (2)           <b>CLOSED</b>	  <b>CLOSED</b>    7:00am - 9:00am Lap Swim (4) Exercise (1)    9:00-4:45pm Lap Swim (2) Exercise (1) Open Swim (2)           <b>CLOSED</b>

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

# LEISURE POOL SCHEDULE

April 29th - May 5th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 2:00pm <b>CLOSED</b>	5:00 - 11:00am <b>CLOSED</b>	5:00 - 11:30am <b>CLOSED</b>	5:00 - 4:00pm <b>CLOSED</b>	5:00 - 2:00pm <b>CLOSED</b>	7:00am-8:00am <b>CLOSED</b>	7:00-11:00am <b>CLOSED</b>
					8:00 - 9:00am Open Swim	
	11:00 - 2:00pm Open Swim	11:30 - 12:15pm Water X			9:00-12:00pm Swim Lessons (portion of pool will be open for Open Swim)	
		12:15 - 4:15pm <b>CLOSED</b>			12:00-4:45pm <b>CLOSED</b>	11:00 - 2:00pm Open Swim
2:00 - 4:20pm Open Swim	2:00 - 4:00pm <b>CLOSED</b>			2:00 - 4:00pm Open Swim		
			4:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)	4:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)		
4:30pm - 7:30PM Swim Lesson In Pool <b>NO OPEN SWIM</b>	4:30pm - 7:30PM Open Swim Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	4:30pm - 7:30PM Open Swim Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)				2:00pm - 4:45pm Open Swim Slide Running (2:05 - 4:30pm)
7:30pm - 8:45pm Open Swim	7:30pm - 8:45pm <b>CLOSED</b>	7:30pm - 8:45pm Open Swim				<b>CLOSED</b>

See Lifeguard(s) for Swim Tests.